

## British Red Cross - Teesside Independent Living

The British Red Cross Independent Living Team works locally to respond to the needs of individuals and the community, providing time limited support to vulnerable

people to help them withstand and recover from a health or social care crisis, we have a team of dedicated staff and volunteers providing 3 services:



**BritishRedCross**

**Support at Home** - The Red Cross helps thousands of people following a short stay in hospital and prevents unnecessary hospital admissions by providing extra support at home, we can help people with shopping, pension collection and bill paying as well as anything else that will help to smooth the process of settling back in to a normal routine and enable people to regain their confidence and independence, we provide support at home on a time limited basis, usually up to 6 weeks.

**Mobility Aids** - We provide short term loans of equipment such as wheelchairs and commodes to help make life easier for those recovering from illness or injury.

**Transport support** - We provide transport support for people who need the support of a volunteer to get them to appointments, this services carries a charge to cover volunteer expenses, this is not a 'cheap taxi service' and is provided for people that need the extra support of a volunteer to help them get in to appointments, and back home safely.

### Who to contact

<b>Contact Name</b>	British Red Cross
<b>Contact Position</b>	Teesside Independent Living
<b>Telephone</b>	Janice Oxnard - service coordinator: 07709406565 Paul Glover - service manager: 07713385268 Office: 01642 702730
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<b>Website</b>	<a href="http://www.redcross.org.uk/">www.redcross.org.uk/</a>

### Where to go

<b>Name</b>	British Red Cross Teesside
<b>Address</b>	2 Thornaby Place Stockton
<b>Postcode</b>	TS17 6BN



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